



God's Eye:

A symbol of the power of seeing and understanding the unseen.

MATERIALS:

- 2 popsicle sticks, dowels or skewers
- Yarn, as many colors as desired, any weight
- Embroidery needle (optional)
- Glue (optional)

INSTRUCTIONS:

1. Cross sticks in the middle. If you are so inclined, glue in place, (probably best if you feel it will be difficult to hold them in place).
2. Tie the yarn around Stick A. Then, wind the yarn once around Stick B.
3. Go over C and wrap around, go over D and wrap around.
4. When changing yarn colors, tie yarn ends together with a simple surgeon's knot around the stick, maintaining tension. Continue weaving until you have almost reached the end of the sticks. Tie off the end of the yarn and tuck it in, or thread it onto the embroidery needle and weave it through the last few strands on the back side of the eye.

History and background:

The God's Eye (Ojo de Dios) has a varied history. Following are some examples:

- *When a child is born, the center "eye" would be woven in a single color, and hung over the child's bed to insure God watches over him/her. Each year another color is added to the weaving on the child's birthday.*
- *It is a symbol of the power of seeing and understanding the unseen. The four points represent the elements – earth, air, water and fire.*

